

PROPHETIC PRAYER BULLETS

1. God of peace, let Your peace rule over every conflict in my life (Colossians 3:15).
2. Lord, crush every satanic attack under my feet without delay (Luke 10:19).
3. Father, hasten Your promised victory in every battle I face (Psalm 70:1).
4. Let the grace of our Lord Jesus strengthen me to walk in dominion daily (2 Corinthians 12:9).
5. Lord, bring order to every disordered area of my life (1 Corinthians 14:40).
6. God of peace, make me a vessel of peace wherever I go (Romans 12:18).
7. Father, silence every voice of chaos and establish Your calm in my decisions (Isaiah 26:3, 54:17).
8. Weapons of troubles mounted against my peace, tremble in the name of Jesus Christ (John 14:27).
9. God of peace, sanctify me completely and purge every part of my life that does not honor You (Hebrews 12:14).
10. Lord, preserve my spirit blameless. Keep me spiritually alert and aligned with You until Christ returns (Ephesians 6:18).
11. Father, keep my mind, will, and emotions from anything contrary to Your peace (Psalm 23:3).
12. Lord, keep my body all physical and spiritual assault and set apart for Your glory (1 Cor. 6:19-20).
13. God of peace, let Your peace settle every war within and around me in Jesus' name (Col. 1:20).
14. Father, let the power that raised Jesus from the dead quicken dead area of my life today (Rom. 8:11).
15. Lord Jesus, Great Shepherd, lead me in the right path. I refuse to walk in confusion or stray from Your fold (Psalm 23:1-3).
16. Father, by the blood of the eternal covenant, enforce every promise You made to me. Let no enemy revoke what Christ sealed (Galatians 3:15).
17. God of peace, as You shepherd me, grant me peace in my going out and coming in all my days (John 10:27-28).
18. Lord Jesus, fill me with peace as I depend on You; anxiety shall have no place in my life (Isaiah 26:3).
19. Father, increase my trust in You. Let my faith not waver but be anchored in Your unfailing Word (Proverbs 3:5-6).
20. Lord, cause me to overflow with hope. Let my life radiate confident expectation of Your goodness (Psalm 42:11).
21. Holy Spirit, release Your power in me. Let hope, joy, and peace abound in my life beyond natural limits (Acts 1:8).

UNDERSTANDING THE PROSTATE GLAND (Part I)

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blood. This test is also being used in several different ways:

- a). To monitor the progression of prostate cancer in men who already been diagnosed with the disease.
- b). To follow up on prostate symptoms, such as painful or frequent urination, blood in urine, semen in urine, pelvic and/or back pain.
- c). To screen for prostate cancer in men who do not exhibit any symptom of the disease.

iii. Ejaculatory Mechanism Support: The smooth muscle in the prostate gland contracts during ejaculation to force the semen into the urethra to be expelled.

iv. Urine Regulation: As a result of the location of the prostate surrounding the urethra (the tube that carries urine from the bladder), it plays a role of controlling the flow of urine out from the bladder. It regulates urination by acting as a valve (or a knob) to ensure that urine does not flow back into the seminal vesicle, while also ensuring that urine and semen do not mix during ejaculation.

III) COMMON CONDITIONS OF THE PROSTATE.

The prostate is known for growing throughout a man's life. This singular feature poses differentials of developmental conditions of the prostate, which are:

- i. Benign Prostatic Hyperplasia (BPH) : An enlarged prostate, which is common in older men and can birth issues with urination such as a weak stream or frequent urges for urination.
- ii. Prostatitis: inflammation of the prostate, which can cause pain.
- iii. Prostate Cancer: A common cancer in men that can develop in the gland.

CONCLUSION: Prostate Gland is an essential gland in the reproductive system of men. Its maintenance becomes necessary to lead a peaceful and comfortable reproductive life.

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Bible Puzzle: SOME BOOKS OF THE BIBLE

J C E C C L E S I A S T E S J W X P
E O R E V E L A T I O N H Z A C T S
R L D C F A H L E V I T I C U S Z A
E O E C O P E J T J U N U M B E R S
M S U O I S B F A R S T Q Q U M Y N
I S T R T Z R W S M O Y G Q F Y H B
A I E I E O E B L B E H Y M J O R L
H A R N Z E W A S R I S V D J O E Y
R N O T E D S S O O J O B H S U S G
D S N H K P I O K M C Q A B M E A A
C R O I I S H L K A H I R A G S O L
W E M A E H Z B V N A E S D E M T A
O D Y N L V E T E S V P U C Z Y W T
J L E S J B U K I O L J K A R M P I
U G E X O D U S R J O S H U A A B A
D A N I E L X P M A T T H E W R V N
E P H E S I A N S U J O E L E K R S
P H I L I P P I A N S T I M O T H Y

Acts, Corinthians, Colossians, Daniel, Deuteronomy, Joshua, James, Philipians, Revelation, Genesis, Ezra, Judges, Leviticus, Romans, Ruth, John, Luke, Galatians,

PEACE



Shalom and Eirene are two vocal biblical words translated peace. The former is Hebrew language and the later, Greek. They both mean state of being; the perfect harmony of being with the blend of outward wholeness and inward rest experienced as divine gift. It is not merely the absence of trouble, but a holistic state of well-being where nothing is broken, quiet confidence of the soul (Eirene). Ultimately, it is the complete spiritual alignment and tranquility that comes from being reconciled to God. Your right response to God's gift of Peace should be see it as:

A Divine Promise: Claim It!
Jesus explicitly bequeathed His peace to us in John 14:27, declaring, "My peace I give to you; not as the world gives." This is not a vague wish, but a covenant guarantee. It is a heavenly inheritance waiting to be cashed. When anxiety knocks, you must actively claim this promise through faith. Speak the Word, trust His faithfulness, and let His supernatural tranquility anchor your heart.

A Divine Revelation: Desire It!
True peace surpasses human understanding (Philippians 4:7) and is only revealed to a consecrated heart. It requires paying the price of separation from worldly noise to hear God's whisper. Isaiah 26:3 promises perfect peace to those whose minds are stayed on Him. As you consecrate your life and desire intimacy with the Creator, the Holy Spirit unveils a deep, unshakeable revelation of divine rest. "You have made us for yourself, O Lord, and our heart is restless until it rests in you." St. Augustine.

A Divine Encounter: Hunger For It!
A divine encounter with the Prince of Peace transforms your entire existence. Gideon encountered Him as Yahweh-Shalom The Lord is Peace (Judges 6:24). We must hunger for this presence more than temporary earthly comforts.

Developing an appetite for God's presence satisfies the soul eternally. When you desperately pursue an encounter with Him, His overwhelming presence enters your storm, silencing every fear and filling your spiritual void.

A Seed: Receive and Sow It!
Peace operates under the spiritual law of seedtime and harvest (Ish 55:10). James 3:18 states that "the fruit of righteousness is sown in peace by those who make peace." You cannot harvest peace if you sow discord, anger, or strife. St. Seraphim of Sarov said, "Acquire a peaceful spirit, and around you thousands will be saved."

A Sacred Responsibility: Be Accountable!
We are strictly commanded to "Pursue peace with all people..." (Hebrews 12:14). Peace is not optional; it is a sacred

stewardship. As believers, we are ambassadors of Christ and will give an account of how we managed this virtue. Romans 14:19 urges us to pursue things that make for peace. Guarding your heart and actively maintaining harmony is a solemn responsibility you owe to God.

Conclusion:
St. John Chrysostom said, "The peace of God is the soul's inner tranquility, which keeps it unshaken amidst the tempests of the world." Biblical peace is not the absence of trouble, but the undeniable presence of God. It is a promised, revealed, and encountered reality that must be sown as a seed and guarded as a sacred responsibility. Stop trying to merely understand it; surrender to the Holy Spirit today and experience it.

Abimbola Julius AKINOLA

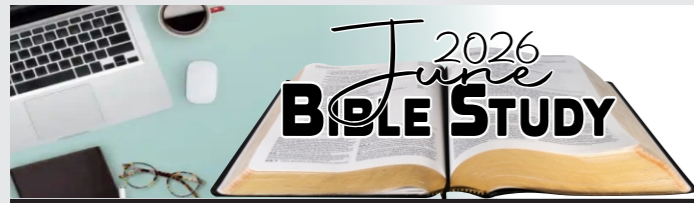
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EVIDENCES OF SPIRITUAL GROWTH:

THE PLACE OF PEACE IN CHRISTIAN MATURITY

INTRODUCTION: Peace is something everyone wants, yet few seem to find. What is peace? It can be defined as “tranquillity, harmony, or security.” Depending on the situation, it could mean “prosperity” or “well-being.” Various forms of the word peace are found 429 times in the King James Version of the Bible. There are different types of peace, including false peace, inner peace, peace with God, and peace with man. In the Old Testament, the primary Hebrew word for “peace” is shalom, and it refers to relationships between people (Genesis 34:21), nations (1 Kings 5:12), and God with men (Psalm 85:8). Peace is a desired status in each of these arenas, and shalom is often tied to a covenant or a promise kept. A familiar friend (literally, “friend of my peace” in Psalm 41:9) is one with whom you would be at ease, a trusted companion. “Peace” was the standard greeting (1 Samuel 25:6), still used in many cultures today.

Believers have an obligation to “let the peace of God rule” in their hearts (Col. 3:15). This means we have the choice either to trust God's promises (letting His peace rule) or to rely on ourselves and reject the peace He offers. Jesus gave His disciples peace based on the truth that He has overcome the world (John 14:27; 16:33). Peace is a fruit of the Spirit, so, if we are allowing the Spirit of God to rule in our lives, we will experience His peace (Gal. 5:22-23). To be spiritually minded brings life and peace, according to Rom. 8:6. The world will continue to have wars and interpersonal conflicts until Jesus comes to establish true, lasting peace (see Isaiah 11:1-10), but God will give His peace to those who trust Him. Jesus took the chastisement of our peace (Isaiah 53:5) and has made it possible for us to have peace with God. Once His peace rules in our hearts, we are able to share that peace with others; we become publishers of peace (Isaiah 52:7) and ministers of reconciliation (2 Corinthians 5:18).

KINDS OF PEACE

There are different kinds of peace mentioned in the Bible.

1). Peace with God: This peace is seen in Romans 5:1: “Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ.” This is a peace that comes because of our relationship with God. We were by birth, vessels of the wrath of God and enemies to God as the nature of Satan who is the adversary of God, was injected into our lives when Adam fell to sin in the Garden of Eden. As 1 Corinthians 15:36 says, ‘the sting of death’ entered our body. The divine nature of God and Satan's

nature of sin was always in conflict. There came a necessity for a mediator to reconcile the two (1 Timothy 2:5). Jesus Christ was God and Man and so was able to reconcile both sides as he bore both natures and understood both parties. Romans 5:1 speaks about the peace that comes to man when he is reconciled with God through the mediator Jesus Christ. When we come to the presence of God, we are guilty of many things. (Romans 5:10). The secret of receiving peace with God is ‘justification by faith in His blood’. All our past, present and future sins are taken care of through the blood of Jesus. God guarantees us that because Jesus shed His blood for our sins, He will not remember it any more. This God's offer to us and we receive peace with Him only when we believe it. This frees us from all our guilty conscience and gives us divine peace.

2). Peace of God: You can receive what Scripture calls the peace of God, and Christ gives this as well. He gives not just peace with God (that is, an objective relationship with God that's characterized by harmony and by friendship and by love), but he also gives us the subjective experience of God's peace called the peace of God. Paul in Philippians 4:7 tells us that, rather than being anxious, if we will entrust ourselves to the Lord, if we will pray, if we will offer thanksgiving to God, if we will let our requests be made known to God, he tells us that “the peace of God, which surpasses all understanding, will guard your minds and your hearts in Christ Jesus.” He means that the peace of God will come and will fortify our hearts; that, even in the midst of difficult circumstances. You know what this means? It means that Christ not only has given us himself on the cross to give us peace with God, but Christ has also given us his Spirit to indwell our hearts, so that we can experience this subjective peace of God. It means that there is a power available for us, the power of the Holy Spirit, to come to invade our hearts and our lives, to fill us with these graces of faith and of hope and of joy and of love and of peace.

3). Peace with oneself: Though we have peace with God when we become children of God and live a new creation life in the newness of our spirits, we still live in our old body. There is a great conflict between our born again spirit and our flesh (Romans 8:6). The flesh has weaknesses and shortcomings and it will bind us with a guilty conscience that though we want to do good, we are unable to do so. It makes us hate ourselves sometimes as we cannot understand why we behave badly even when we do not want to. Then, we cannot forgive ourselves. Paul writes about the struggles that we face when we live in our flesh in Romans 7 and the freedom we receive when we live in the Spirit in Romans 8. There is unrest in us though we have peace with God as we struggle in our flesh. It is when we

overcome the flesh that we have peace within us.

4). Peace with Others: It is sometimes not easy to live in peace with everyone (Romans 12:18). But we should make an effort as far as possible with godly wisdom to live at peace with all even when people persecute us and mock us. Let us examine Matthew 10:34-35 carefully. This passage simple expresses that it may not be possible to live at peace with all but we must try from our side to live amicably.

THE SOURCE OF TRUE PEACE.

Jesus did not just talk about peace; He is our peace. His peace is rooted in His character and His victory over sin, death, and the enemy; “... and His name shall be called Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace.” (Isaiah 9:6) As the Prince of Peace, Jesus doesn't just give peace; He embodies peace. When we draw close to Him, His peace becomes our reality. We experience peace not because of perfect circumstances but because we are in the presence of Jesus. The more we focus on Him, the less we are troubled by external situations. “And let the peace (soul harmony which comes) from Christ rule (act as umpire continually) in your hearts.” Colossians 3:15. Make time daily to be in God's presence through prayer and worship. The more time you spend with Jesus, the more you will experience His peace.

THE DIFFERENCE BETWEEN WORLDLY PEACE AND GOD'S PEACE.

Jesus made it clear: “Not as the world gives do I give to you.” This means there is a fundamental difference between the peace the world offers and the peace Jesus gives.

- i. Worldly peace is temporary - It depends on good circumstances (money, success, comfort).
- ii. Worldly peace is fragile - It can be easily broken by problems or unexpected events.
- iii. Worldly peace is false security - It promises peace but leaves people empty and anxious. (1 Thessalonians 5:3).

HOW DOES JESUS GIVE PEACE?

- i. Jesus' peace is permanent - It remains even in hardships (John 14:27, Eph 2:14).
- ii. Jesus' peace is supernatural - It guards our hearts and minds in every situation (1 Thess 5:23, Col 3:15).
- iii. Jesus' peace is a gift - It is not earned but received through faith. “And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.” Philippians 4:7

Recognize when you are seeking peace in worldly things. Shift your focus to Jesus and trust in His unshakable peace, no matter the circumstances.

ATTRIBUTES OF BIBLICAL PEACE

The Bible has a lot to say about peace; it appears 329 times in the Bible, with the highest occurrence of 30 in the book of Isaiah. Here are some of its biblical attributes.

1. Peace is a fruit of the spirit (Gal. 5:22).
2. We must seek and make peace (Ps 34:14, Rom 12:18, Rom. 14:19, 2 Cor. 13:11, Heb. 12:14, 1 Peter 3:11)
3. Peace brings joy (Proverbs 12:20, Matthew 5:9).
4. Peace comes from God (Ish 26:12, Jhn 14:27, 2 Thess. 3:16).
5. God gives us peace in trouble (Philippians 4:6-7, John 16:33, Isaiah 26:3).

PROSTATE CANCER

— AWARENESS —

By: AWOJOBI, H. A.

PART 1

UNDERSTANDING THE PROSTATE GLAND (Part I)
Introduction: Prostate gland problem is highly prevalent among Nigerian men, with studies estimating clinical prevalence at around 43.7% and symptomatic cases affecting over 35% in certain populations. Prevalence rises significantly with age, particularly in men over 50, with up to 25% of adult Nigerian men affected.

I.) WHAT IS PROSTATE GLAND?

The **PROSTATE** is a walnut-shaped gland that is part of the male reproductive system.

- *The gland surrounds the urethra, the neck of the bladder.
- *The bladder neck is the area where the urethra joins the bladder.
- *The urethra is the tube that carries urine from the bladder to the outside of the body.

- *The bladder and the urethra are parts of the lower urinary tract.
- *The prostate has two or more lobes, enclosed by an outer layer of tissue.
- *It is located in the front of the rectum (a section of the intestine), just below the bladder.
- *In men, urethra also carries semen out through the penis.

II.) FUNCTIONS OF PROSTATE GLAND

i. **Production of Seminal Fluid:**
 Prostate produces milky fluid, which nourishes and protects sperm, forming a key component of seven. This fluid is rich in enzymes, zinc, and citric acids, which nourishes sperm and enhances its motility. The fluid is vital for sperm survival as it protects sperm from the acidic environment of the female reproductive tract and provides enzymes for nourishment.

ii. **Production of a protein called Prostate-Specific Antigen (PSA).** This protein helps liquefy semen after ejaculation allowing semen to swim comfortably (with no stress) towards the egg. PSA test measures the level of this protein in the